JULY 2024 | VOLUME 30 ISSUE 07



HaParenting

By Justin Sato

When I was young, my Hawaiian language Kumu (the Hawaiian word for sensei), taught us that being hapa (Hawaiian transliteration of the English word "half") represented being the best of two or more worlds. At the time, I was a little envious of my friends who held a heritage-resume that resembled a 'round the world tour. After joining JACL and learning about the struggles kids growing up on the continent have being mixed race, I wanted to make sure that my kids understood just how normal and awesome it is to be hapa.

One of the best mixed-race experiences we had as a family was attending the Hapa exhibit at JAMO last year. Through their stories, I felt like I learnt a lot about the difference between growing up in Hawai'i and the continent. After we left, my kids could not stop talking about how great the program was and that it was amazing to hear about the stories of others like themselves. I wasn't fully aware of their experience growing up in Oregon and that is when we started getting more involved with the Japanese community.

I joined JACL and my kids started attending the Unite People youth program at Epworth. The UP group is a valuable asset to the community. My kids were finally surrounded

COMMUNITY CALENDAR

July 4 Independence Day

July 4-7 Minidoka Pilgrimage

July 5-8 Tule lake Pilgrimage

July 10-14

JACL National Convention

July 16th, 18th, 23rd, 25th, 30th, & August 1st Bon Odori Practice

Oregon Buddhist Temple | 7pm

July 27
Homer Yasui Celebration of Life
Gateway Church | 1pm

Aug 3 Obon Festival

Oregon Buddhist Temple

Aug 6 End Nuclear Madness: Remember Hiroshima and Nagasaki

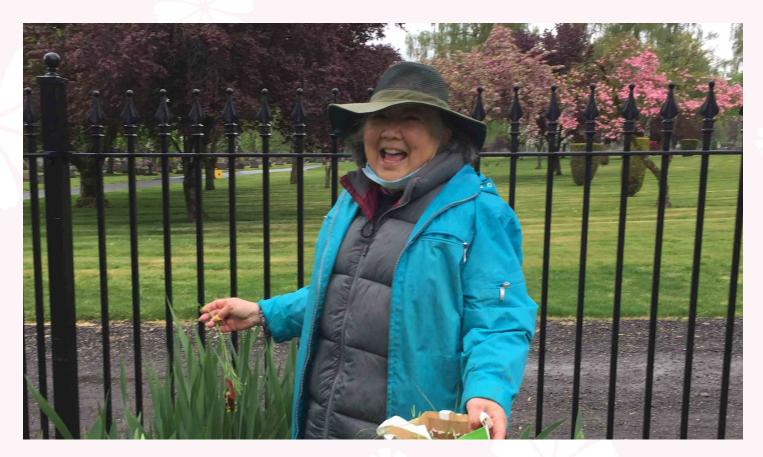
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by people that shared a similar story and could relate with them on so many levels. It is a comfortable and safe place for everyone to relax as they work on cultural and social issues. I just wish we found these amazing opportunities to celebrate our Japanese and hapa backgrounds sooner.

Mixed-race does not mean dilution of your

heritage. You are 100% of all your parts. Back in Hawai'i, it grants you entry into all the cultural events, innate rights to each respective language, and a sense of pride and individuality. Perhaps one of the best benefits is at family parties where so many different foods show up in unison.. and you know all of them by name! As a non-hapa, I don't get to experience all the cool and unique experiences of being more than one heritage. —I guess I'm still a little jealous...

🕻 A Big Thank You 🦫



The Japanese Ancestral Society is very appreciative of all of our helpers who weeded, cleaned and tidied up the Japanese American Cemetery this spring in preparation for our Memorial Day Service.

Special thanks goes out to our regular helpers: Susan Okada (pictured) and Jay Yoshihara. The Cemetery never looked better. Thank you to our Clean-Up organizer, Kenji Yamasaki who put together our schedule and made sure we had all of the materials we needed.



Individual Signatures needed to halt the Lava Ridge Wind Project near Minidoka National Historic Site



We need your help to protect the solemn and reflective immersive experience at Minidoka National Historic site from a massive commercial development on public lands. A project like this sets a dangerous precedent for other JA and BIPOC sites of commemoration and healing.

Review and sign onto the letter at *minidoka.org/sign-on-letter-to-president-biden*

Minidoka Pilgrimage Planning Committee, Friends of Minidoka and JACL National request individual signatures for a letter going directly to President Biden. Please circulate widely to family, friends and community groups. Deadline to sign is July 10, 2024.

For more information visit minidokapilgrimage.org/about-3



🕻 Photo Corner 🦫



The Portland Assembly Center Project explores the lives of Japanese Americans who were subjected to the consequences of Executive Order 9066, including historic, economic loss, forced imprisonment, and cultural reckonings. Through this examination, the Project exposes the racial dynamics that continue to govern how we share the lands we call Portland, Oregon.

Featuring Senryu Poetry from *They Never Asked*, by Shelley Baker-Gard, Michael Feiling, And Satsuki Takikawa. Written during the war by twenty two writers at the Portland Assembly Center, the poems were recently discovered by Duane Watari who found his grandfather's journals from that time.



Portland Taiko performing at the Vanport Mosaic.



Memorial Day Ceremony at the Japanese American Cemetary officiated by Rev. Andrew Uzunoe.

VOLUNTEERS NEEDED





What: Nikkei Community Picnic

We need helpers to cover the picnic tables, put out food, take empty plates and trays away, hand out prizes, call out numbers for Bingo, help clean up, and much more

When: noon to 4 pm, August 18

Where: Oaks Park

Who: Contact Portland JACL

877-843-6914 (message goes to Connie Masuoka)

Connie@pdxjacl.org





Ikoi no Kai - JULY 2024

1333 SE 28th Ave / 503-238-0775

MON	TUES		THURS	FRI
1	2 Lemon Basil		4	5
Omurice	Chicken			
Rice Omelet	鶏のレモンバジル焼き	X	CLOSED	CLOSED
オムライス	Knife Sharpening			
	11am Blood Pressure			
12:30pm Mahjong	12:45pm Sing-along			
8	9		11	12
Eggplant and	Somen		Teriyaki Salmon	Yakiniku
Pork w/ Miso Sauce	Noodle Salad	X	鮭の照り焼き	Grilled Meat
なすと豚肉の味噌炒め	素麺サラダ			焼肉
11:30am Chair Yoga			10:30am Ukulele/ Chair Hula	10-11:30am Shigin
12:30pm Mahjong	12:45pm Sing-along		11:30am Aikido Stress Relief	12:30pm Bingo
15	16		18	19
Croquette	Japchae		Ganmodoki	Menchi Katsu
コロッケ	Korean Noodles	X	Tofu Fritters	Minced Cutlet
	チャプチェ		がんもどき	メンチカツ
	11am Blood Pressure		11am Blood Pressure	
12:30pm Mahjong	12:45pm Sing-along			
22	Shrimp w/		25	26
Chilled Udon w/	Sweet & Sour		Cod Nanban	Karaage
Vegetable Tempura	Sauce	X	タラの南蛮漬け	Fried Chicken
冷やし天ぷらうどん	海老の甘酢餡			唐揚げ
Reiki	11:30am Aikido Stress Relief		10:30am Ukulele/ Chair Hula	
12:30pm Mahjong	12:45pm Sing-along		11:30am Taichi	10-11:30am Shigin
29	30			
Gyudon	Birthday Sushi			
Beef Rice Bowl	お誕生日寿司	X		
牛丼	*Reservations required			
	11am Blood Pressure			
12:30pm Mahjong	12:45pm Sing-along			

Chefs: Naomi Molstrom-M Kyoko Adcock-Tu Justin Sato/ Naomi Molstrom-Th/F

Suggested Lunch Donation: \$9 for seniors 65+ / \$11 for adults under 65 / \$ 6 kids

Reservations preferred / Indoor Dining Limited

For reservations please call and leave a message or email:

(ph) 503-238-0775 (email) ikoinokai7@gmail.com

Seating at 11:30 am with lunch served promptly at noon

* vegetarian option available on that day - please reserve two days in advance



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If you would like to contact the Board, their email address is First Name@pdxjacl.org

Edited by Chong Sim (simc0186@gmail.com)